You, Me, PSHE © Islington 2020

St Luke's School PSHE Map

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	**Physical health and wellbeing** Fun times	**Physical health and wellbeing** What keeps me healthy?	**Drug, alcohol and tobacco education** Tobacco is a drug	**Identity, society and equality** Democracy	**Physical health and wellbeing** In the media	**Mental health and emotional wellbeing** Healthy minds
Autumn 2	**Keeping safe and managing risk** Feeling safe	**Mental health and emotional wellbeing** Friendship	**Keeping safe and managing risk** Bullying – see it, say it, stop it	**Drug, alcohol and tobacco education** Making choices	**Identity, society and equality** Stereotypes, discrimination and prejudice	**Identity, society and equality** Human rights
Spring 1	**Identity, society and equality** Me and others	**Keeping safe and managing risk** Indoors and outdoors	**Mental health and emotional wellbeing** Strengths and challenges	**Physical health and wellbeing** What is important to me?	**Keeping safe and managing risk** Making safer choices	**Drug, alcohol and tobacco education** Weighing up risk
Spring 2	**Drug, alcohol and tobacco education** What do we put into and on to bodies?	**Drug, alcohol and tobacco education** Medicines and me	**Identity, society and equality** Celebrating difference	**Keeping safe and managing risk** Playing safe	**Mental health and emotional wellbeing** Dealing with feelings	**Keeping safe and managing risk** Keeping safe - out and about FGM (female genital mutilation)
Summer 1	**Mental health and emotional wellbeing** Feelings	**Relationships and health education** Boys and girls, families	**Careers, financial capability and economic wellbeing** Saving, spending and budgeting	**Relationships and health education** Growing up and changing	**Drug, alcohol and tobacco education** Different influences	**Relationships and health education** Healthy relationships
Summer 2	**Careers, financial capability and economic wellbeing** My money	**Relationships and health education** Boys and girls, families	**Physical health and wellbeing** What helps me choose?	**Relationships and health education** Growing up and changing	**Careers, financial capability and economic wellbeing** Borrowing and earning money	**Relationships and health education** Healthy relationships