ISLINGTON

Relationship and Health Education: Boys, girls and families

YEAR 2



What resources does the school use?

- We use the You, Me PSHE scheme of work from Islington.



Year 2

Relationships and health education:
Boys and girls, families

Pupils learn:

- to understand and respect the differences and similarities between people
- about the biological differences between male and female animals and their role in the life cycle
- the biological differences between male and female children
- about growing from young to old and that they are growing and changing
- that everybody needs to be cared for and ways in which they care for others
- about different types of family and how their home-life is special

Lesson 1

Relationship & Health Education- Compulsory

Year 2 (Boys, girls and families) lesson 1

Pupils learn to understand and respect the differences and similarities between people

Pupils:

- are able to define difference and similarity
- understand that boys and girls can do the same tasks and enjoy the same things, but that stories, TV and people sometimes say boys do this and girls do that

Fact & Opinion! Challenging stereotypes.



Lesson 2

Relationship & Health Education- Compulsory

Year 2 lesson 2

Pupils learn about the biological differences between male and female animals and their role in the life cycle

Pupils:

- know that female mammals give birth and nurse their young
- can describe the biological differences between male and female
- understand that the creation of life requires a male and female (animals and humans)

Lesson 3

Year 2 lesson 3 (RSE)

Pupils learn the biological differences between male and female children

Pupils:

- identify and name biological terms for male and female sex parts *(vulva & penis)*
- can label the male and female sex parts with confidence
- understand that the male and female sex parts are related to reproduction

Health Education

Year 2 lesson 3 – examples of activities

- **Hook activity:** Play 'Simon says' about males and females. For example, all the males put your hands on your head, all the females point to the ceiling.
- **Introductory activity:** Pupils label body parts on a large outline of the human body
- **Main activity:** Pupils put 'Body part labels' (words and pictures) on worksheets 'The male body' and 'The female body' and then sort the cards into parts that are the same and different
- **Closing activity:** Pupils tell each other something new they have learned over the last few lessons OR a singing activity to remind the class of how many parts of our bodies are the same: 'head, shoulders, knees and toes'. *Pairs, whole class*



Lesson 4

Relationship & Health Education- Compulsory

Year 2 lesson 4

Pupils learn about growing from young to old and that they are growing and changing

Pupils:

- can identify key stages in the human life cycle
- understand some ways they have changed since they were babies
- understand that all living things including humans start life as babies



Lesson 5

Relationship & Health Education- Compulsory

Year 2 lesson 5

Pupils learn that everybody needs to be cared for and ways in which they care for others

Pupils:

- understand that we all have different needs and require different types of care
- identify ways we show care towards each other
- understand the links between needs, caring and changes throughout the life cycle



Lesson 6

Relationship & Health Education- Compulsory

Year 2 lesson 6

Pupils learn about different types of family and how their home-life is special

Pupils:

- can describe different types of family
- identify what is special and different about their home life
- understand families care for each other in a variety of ways



Year 2 Vocabulary

- Feet
- Hands
- Fingers
- Mouth
- Thumb
- Penis
- Eyes
- Tummy
- Legs
- Head
- Elbow
- Arms
- Knee
- Shoulder
- Vulva

Note:
It's important that children learn to use the correct vocabulary in order to safeguard themselves.



Thank you

