Love God. Love your neighbour as yourself:
Be the Good Samaritan. Luke 10. 25-37

Thursday 4th December
Student Council
11:00am
40 minutes
*****Please wait for the bell to ring before dismissing your children.**

Reflection on last session (5 mins)
Last time we met in October, we explored the ideas of justice, responsibility, equality and equity. We then made pledges as acts of courageous advocacy. Our pledges included:

- Recycling more and looking after the environment
  Refer children to the food waste board that is now displayed in the lunch hall corridor. State that food waste is being weighed week to week on specific days (Y5 monitors and Soroya) to raise awareness of how much food we are wasting and to work hard to improve this.
- Playing with children who are lonely
- Giving to others and supporting equal opportunities for all
- Raising money for charities, including hospitals
- Planting more trees and taking part in environmental projects
  Refer to Sophia's picture (see pack). Remind children of her role. Read the Environmental update from the November Newsletter (see pack) which summarises the progress made on this since our last meeting.
- Using Christmas money to support a charity of our choice
- Standing up against bullying

These pledges represent our commitment to making our community fairer, kinder, and more sustainable.

Theme: Spirituality and our Spiritual Journey

Pupils will:
- Explain the four parts of spirituality (myself, others, the world, beyond) and describe what each one means in school life.
- Generate realistic enrichment ideas that could help St Luke's become an even more reflective, caring, and awe-inspiring place.
- Recognise their own spiritual "spark" and describe moments when it shines brightly.

Introduction (5 mins)

Show Spirituality Quote-Green card
Ask children for some feedback on this. Do they understand it?
Prompt by referring to new displays or Mr O'Donnell's Collective Worship which explored Leo and the spark that had gone out-ask the children what he did to find it again.

Revisit the Four Parts of Spirituality

Use the hand actions again:

- **Myself** — understanding who I am (hands on heart)
- **Others** — how I act and care (hands wide)
- **The World** — noticing and loving creation (circle shape)
- **Beyond** — things greater than the everyday (hands forward)

Ask:
"Which one of these four is easiest to notice in school?
"Which is hardest?"

Main activity (15 mins)

Divide into 4 groups. Ask a member of each group to pick something from the bag which has been given to you.

- Mirror
- Heart
- Leaf
- Star

Then provide the prompt questions to each group that link to each of the objects-orange/yellow cards

Group 1 – MIRROR: "Myself
Group 2 – HEART: "Others"
Group 3 – LEAF: "The World"
Group 4 – STAR: "The Beyond"

5. Group Sharing (10 minutes)

Each group shares:

1. Key ideas they discussed

Discuss possible enrichment ideas and link also to some things we already do.
Some example prompts are below:

Myself:

- Calm spaces or “reflection corners” in classrooms. We have these already but do build this in to the discussions
- A “Weekly Wow Moment” journal
- Feelings check-in stations. Some classes have these.
- Quiet music or mindfulness moments activities:

Others:

- A buddy/peer-support scheme
- Friendship leaders or “Kindness Captains”
- Weekly celebration of acts of kindness
- Playground “connection zones”

The World

- “Wonder Walks” around the playground
- Eco-monitors
- Outdoor mindfulness paths
- Chickens or school pets to look after and care for

Beyond

- A “Wonder Wall” for questions about big ideas
- A reflection garden or “quiet zone” outdoors

Record these on the group record sheet

Ask pupils to vote on:

- **One “quick win”** (something we can start within 2 weeks)
- **One “big dream”** (something for later in the year)

Examples:
Quick wins:

- Wow Moment board
- Friendship recognitions

- Five-minute “Pause for Wonder” in collective worship

Big dreams:

- Creating an area for animals, e.g. hens/chickens
- A reflection garden

<u>Plenary (5 mins)</u>

“Close your eyes and think of a moment from this week when your spark felt bright — when you felt proud, calm, kind, amazed, or connected.”

Invite 2–3 volunteers to share.

Closing Words (as in collective worship)

Leader: Learning together, we live out our principles of:
Children: LIFE! Love, Include, Flourish, Empower.
Leader: Thank you for using your voices to help our school grow.