# PE Policy

# St Luke's Primary School

*Love God. Love your neighbour as yourself. Be the good Samaritan.*

**Luke 10: 25-37**

# St Luke's PE Policy Statement

## CURRICULUM RATIONALE

At St Luke's Primary School, Physical Education (PE) is an integral part of our Curriculum that is inclusive and engages all pupils, in a supportive and challenging environment. We aspire for children to acquire, develop and refine their practical skills and techniques; to further their knowledge and understanding of PE concepts and principles and develop their overall competence, to enjoy, and excel in, a broad range of sports and physical activities.

We aim to deliver high-quality teaching and learning opportunities which enable all children to succeed; to enjoy their learning; to be resilient and consistently strive to give their best efforts at all times and achieve their potential and personal best.

Children participate in competitive sport and through this we teach children how to cooperate and collaborate effectively as part of a team and compete appropriately against others, adhering to the principles of fairness, sportsmanship and respect, values we hope to embed for future life.

We understand the importance PE, School Sport and Physical Activity has on children's' general health, fitness and mental wellbeing. We provide opportunities for all children to be physically active for sustained periods of time and we teach children the importance of leading healthy, active lives and making informed and appropriate lifestyle choices.

Swimming is an important life skill and we aspire for all children to leave primary school being able to swim at least 25 metres.

## CURRICULUM ROLL-OUT

- PE at St Luke's School provides challenging and enjoyable learning through a range of sporting activities including; Invasion Games, Strike and Field Games, Gymnastics, Dance, Tennis, Outdoor & Adventure Activities and Swimming

- Children participate in one PE lessons each week, covering one sporting activity every half term. Throughout the year, this lesson will be supplemented with a Dance lesson or a Swimming session.

- The Long-term PE Curriculum Overview sets out the PE Units/Activities which are to be taught each half term throughout the year and ensures that the requirements of the National Curriculum are fully met.

-We use and adapt a Scheme of Learning from Complete P.E. to ensure planning, content and delivery is age appropriate. This scheme ensures lessons, year on year, are progressive

- The emphasis of our PE curriculum is inclusion for all children regardless of sporting ability. We provide suitable learning opportunities for all children, including those with SEND.

- - All children are taught Dance, for one half term (3 times a year), by a Dance specialist

- Children in Years ,3,4,5 and 6 attend Swimming lessons for one term each year

- We promote both participation and competition through P.E and sport. We ensure all children experience competition at some level, individually or in a team, within lessons.

- Children participate in workshops/whole school events, sourced by School and delivered by Outside Providers, covering a variety of sports throughout the year. Past example includes; LTS Tennis lessons, MCC Cricket lessons, Bike Ability, providing the children with an opportunity to experience new activities, learn new skills, improve their fitness and to try something new.

- We offer a Residential OAA experience for children in Years 5 and 6 each year.

- We have an annual inclusive Sports Day, with the emphasis on participation and achievement for all

- All children participate in whole school weekly sessions of “The Daily Mile”, to promote health, fitness, mental wellbeing and personal challenge and resilience. Children compare their performances with previous ones and strive to improve their personal best. Competing with others fosters a sense of team spirit and cooperation amongst our children

**CURRICULUM OUTCOME**

At St Luke’s Primary School, we ensure that our PE curriculum is inclusive and progressive and allows all children the opportunity to acquire and develop fundamental knowledge, understanding, skills and techniques and apply these to a wide variety of different sports and activities. PE lessons are fun, enjoyable and challenging and all children can achieve, to the best of their ability, in a supportive, safe and stimulating environment. Our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise and activity for their physical and mental wellbeing. We aspire for all children to enjoy PE and develop a love of sport and physical activity, which hopefully becomes part of their future life outside of Primary School. Children have opportunities to participate in sport after school can also represent the school at sporting events from local to county level. IN PE, we also measure outcome by:

- Regular learning walks
- Pupil questionnaires
- Analysis of participation at competitions
- Photo and video analysis of children’s practical work
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**Written by Adam Seifert PE Leader September 2022**